

# **FORT WAYNE PERIODONTAL & IMPLANT SPECIALISTS**

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1-800-432-0577

## **FRENECTOMY POST-OP INSTRUCTIONS**

1. Prescription analgesics are routinely recommended; however, discomfort may also be controlled by taking Tylenol or ibuprofen. Cold liquids or chipped ice may be helpful in relieving soreness.
2. Avoid biting or chewing in the area in which the procedure was performed for five to seven days following the procedure.
3. Slight bleeding may occur for a few hours following the procedure. If needed, apply pressure to the outside of the lip if the bleeding is occurring between the lip and the teeth. If bleeding is occurring behind the front teeth, bite on a gauze or moist tea bag. Please call our office if you experience persistent bleeding.
4. Sutures placed in the surgical site dissolve within the first week.
5. The surgical site can be cleaned with a Q-tip moistened in an antiseptic mouth rinse for the first day to four days. Gentle brushing may be initiated the day after the procedure, but brush the tooth surfaces only. If the bristles of the brush touch the surgical site, bleeding may occur.
6. Caution should be used when performing strenuous activities. Trauma to the area could result in bleeding and detached sutures. Musical instruments, which require use of the mouth, should be avoided for at least seven days.
7. After hours you may reach the doctors at the following numbers

Dr. Gabrek 260-414-1050 (cell)

Dr. Ahmadi 260-403-8886 (cell)

**7750 West Jefferson Blvd  
Ft. Wayne, IN 46804  
(260) 432-0577**

**2283 Provident Court  
Warsaw, IN 46580  
(800) 432-0577**

**1167 Westwood Drive  
Van Wert, OH 45891  
(800) 432-0577**